

## ANNEXURE 1(ix)

### Herbs Directory

Latin Name	Sanskrit Name	Hindi Name	English Name	Family Name
<i>Abroma augusta</i>	Pishach karpas	Ulatkambal	Abroma	Sterculiaceae
<i>Abies webbiana</i>	Talispatra	Talispatra	–	Pinaceae
<i>Abrus precatorius</i>	Gunja	Chirmiti	Bead tree	Leguminosae
<i>Abutilon indicum</i>	Atibala	Kanghi	Indian mellow	Malvaceae
<i>Acacia arabica</i>	Babbula	Kikar	Indian gum tree	Leguminosae
<i>Acacia catechu</i>	Khadir	Khair	Catechu tree	Leguminosae
<i>Acacia farnesiana</i>	Irimesa	Irimesa	–	Leguminosae
<i>Acacia senegal</i>	Swet khadira	Khair swet	Catechu tree	Leguminosae
<i>Achyranthes aspera</i>	Apamarga	Apang	Rough Chapp tree	Amaranthaceae
<i>Aconitum ferox</i>	Vatsnav	Bish	Aconite	Ranunculaceae
<i>Aconitum heterophyllum</i>	Ativisha	Atis	Indian attees	Ranunculaceae
<i>Acorus calamus</i>	Vacha	vach	Sweet fig	Araceae
<i>Adhatoda vasica</i>	Vasak	Arusa	Vasak	Acanthaceae
<i>Adiantum lunulatum</i>	Hanspadi	Hanspadi	Maiden hair	Polypodiaceae
<i>Aegle marmelos</i>	Bilva	Bael	Bael	Rutaceae
<i>Aglaia roxburghiana</i>	Priyangu	Priyangu	–	Meliaceae
<i>Albizia lebeck</i>	Shris	Siris	–	Leguminosae
<i>Alhagi pseudalhagi</i>	Durlaybha	Jawasa	–	Leguminosae
<i>Allium cepa</i>	Palandu	Piyaj	Onion	Liliaceae
<i>Allium sativum</i>	Lasuna	Lahsun	Garlic	Liliaceae
<i>Aloe vera</i>	Ghrit kumari	Gwarpatha	Aloes	Liliaceae
<i>Alpinia officinarum</i>	Kulinjana	Kulinjan	Galanga	Zingiberaceae
<i>Alstonia scholaris</i>	Saptaparni	Saptaparni	Dita	Apocynaceae
<i>Amorphophallus compa</i>	Suran	jamikand	–	Araceae

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<i>Anacyclus pyrethrum</i>	Akarkaram	Akarkara	Pellitory roots	Compositae
<i>Anamirta cocculus</i>	Kakmari	Kakmari	-	Menispermaceae
<i>Andrographis paniculata</i>	Kalmegh	Kalmegh	The creat	Acanthaceae
<i>Anthocephalus indicas</i>	Kadamba	Kadamba	Cadamba	Rubiaceae
<i>Aphanamixis polystrachya</i>	Rohitak	Rohitak	-	Meliaceae
<i>Apium graveolens</i>	Ajmoda	Ajmuda	Cellary seed	Umbelliferae
<i>Aquilaria agallocha</i>	Agaru	Agar	Eaglewood	Thymelacaceae
<i>Areca catechu</i>	Poogi	Supari	Betelnut	Palmae
<i>Arethum sowa</i>	Satapushpi	Soya	Dill	Umbelliferae
<i>Argemon mexicana</i>	Srigula kantaka	Shial kanta	Yellow thistle	Papveraceae
<i>Argyreia speciosa</i>	Samudra palaka	Samudra sokh	Elephant creeper	Convolvulaceae
<i>Aristolchia bracteata</i>	Dhumra patra	Kiramar	-	Aristolochiaceae
<i>Aristolchia indica</i>	Isharmool	Isharmool	Indian birth root	Aristolochiaceae
<i>Artemesia maritima</i>	Kirmani	Kirmala	-	Compositae
<i>Artemisia siversiana</i>	Daman	Dauna	-	Compositae
<i>Asparagus adscendens</i>	Musli	Musli	-	Liliaceae
<i>Asperagus racemosus</i>	Shatamuli	Shatavri	Asparagus	Liliaceae
<i>Asteracantha longifolia</i>	Kokilakshaya	Talmakhana	-	Acanthaceae
<i>Azadirachta indica</i>	Nimba	Nim	-	Meliaceae
<i>Bacopa monnieri</i>	Brahmi	Brahmi	Indian penny wort	Scrophulariaceae
<i>Balanites aegyphaca</i>	Ingudi	Hingot	Zacum oil plant	Simarubaceae
<i>Baliospermum montanum</i>	Danti	Danti	Wild croton	Euphorbiaceae
<i>Bambusa bambos</i>	Vanslochan	Banslochan	Bamboo camphor	Gramineae
<i>Barberis aristata</i>	Daruharidra	Daruhaldi	Indian barberis	Berberidaceae

<i>Barberis aristata</i>	Rasanjana	Rasot	Ext.barberis	Berberidaceae
<i>Barleria prionitis</i>	Sahchar	Katsaraiya	Yellow naildye	Acanthaceae
<i>Barringtonia acutangula</i>	Dhatriphala	Hijjal	–	Lecythidaceae
<i>Bauhinia racemosa</i>	Swet Kanchan	Kanchnar	Common mountain ebony	Leguminosae
<i>Bauhinia variegata</i>	Kanchanar	Kachnar	–	Leguminosae
<i>Berginia ligulata</i>	Pashanbheda	Pashanbhed	–	Saxifragaceae
<i>Boerhaavia diffusa</i>	Punarnava Rakta	Punarnava	Spreading hogwood	Nyctaginaceae
<i>Bombax malabaricum</i>	Shalmali	Semal	–	Malvaceae
<i>Buchanania lanzan</i>	Piyalaka	Chironji	-	Anacardiaceae
<i>Butea monosperma</i>	Palash	Dhak	Buteo	Leguminosae

<i>Caesalpinia crista</i>	Kuberakshi	Katkaranj	Bondu	Leguminosae
<i>Caesalpinia sspan</i>	Patang	Patang	Sappanwood	Leguminosae
<i>Calotropis gigantea</i>	Arka	Akwan	Calotropis	Asclepiadaceae
<i>Cannabis indica</i>	Vijaya	Bhang	Indian hemp	Cannabinaceae
<i>Canthium parvilorum</i>	Gangeruki	Gangeran	–	Rubiaceae
<i>Capsicum annum</i>	Maricha (Rakta)	Lalmirch	Red chilly	Solanaceae
<i>Carica papaya</i>	Papita	Papaya	Papaya tree	Caricaceae
<i>Carum carvi</i>	Saya jira	Syaha jira	Caraway seeds	Umbelliferae
<i>Cassia fistula</i>	Suvarnaka	Amaltas	Indian labournam	Leguminosae
<i>Cassia absus</i>	Vanya Kulatha	Chaksu	–	Leguminosea
<i>Cassia angustifolia</i>	Sonamukhi	Lonamukhi	Sanai	Leguminosae
<i>Cassia auriculata</i>	Avertiki	Tarwar	Tanners cassia	Leguminosae
<i>Cassia occidentalis</i>	Kasmarda	Kasaundi	Round poded cassia	Leguminosae
<i>Cassia tora</i>	Chakramarda	Chakunda	Foetid cassia	Leguminosae

<i>Cedrus deodara</i>	Devdaru	Deodar	Deodar	Pinaceae
<i>Celastrus paniculatus</i>	Jyotishmati	Malkangni	Stuff tree	Celastraceae
<i>Cichorium intybus</i>	Kasani	Kasni	chicory	Compositae
<i>Cinnamomum camphora</i>	Karpur	Kapoor	Camphor	Lauraceae
<i>Cinnamomum Tamala</i>	Tamal patra	Tejpat	Tamala	Lauraceae
<i>Cinnamomum zeylanicum</i>	Twak	Dalchini	Cinnamon	Lauraceae
<i>Citrullus colocynthis</i>	Indraverna	Indrayan	Colocynth	Cucurbitaceae
<i>Citrus aurantifolia</i>	Nimbuka	Kagaji nimbu	Lemon	Retaceae
<i>Citrus medica</i>	Jambir	Bijora nimbu	Lemon	Rutaceae
<i>Citrus medica</i>	Matulunga	Bijaura	Adams apple	Rutaceae
<i>Cleom icosandra</i>	Arka kanta	Hurhur	–	Capparidaceae
<i>Clerodendrum indicum</i>	Bhargi	Bharangi	–	Verbenaceae
<i>Clerodendrum phlomidis</i>	Vatghni	Arni	Wind killer	Verbenaceae
<i>Clitoria ternatea</i>	Aparajita	Aparajita	Butterfly pea	Leguminosae
<i>Coccinia indica</i>	Bimbi	Kanduri	–	Cucurbitaceae
<i>Cocculus lac</i>	Laksha	Laksa	Lac	Menispermaceae
<i>Cocos nucifera</i>	Narikel	Nariyal	Coconut	Palmae
<i>Colchicum luteum</i>	Surinjan	Suranjan	Colchicum	Liliaceae
<i>Commiphora mukul</i>	Guggulu	Guggulu	–	Burseraceae
<i>Commiphora myrrha</i>	Bole	Bole	Myrrha	Burseraceae
<i>Coptis teeta</i>	Mamira	Mamira	–	Ranunculaceae
<i>Coriandrum sativum</i>	Dhnyaka	Dhaniya	Coriender	Umbelliferae
<i>Crataeva narvala</i>	Varun	Varun	–	Capparidaceae
<i>Crinum latifolium</i>	Sukhdarshan	Sudarshan	–	Amaryllidaceae
<i>Crocus sativus</i>	Kunkuma	Keshar	Saffaron	Iridaceae
<i>Croton tiglium</i>	Jaipal	Jamalgota	Croton seed	Euphorbiaceae
<i>Cuminum cyminum</i>	Jirak	Jerra	Cumin seed	Umbelliferae
<i>Curculigo orchioides</i>	Siyah musli	Musli kali	Black musli	Amaryllidaceae
<i>Curcuma aromatica</i>	Vanharidra	Amba haldi	Wild turmeric	Zingiberaceae

Curcuma longa	Haridra	Haldi	Turmeric	Zingiberaceae
Curcuma zedoaria	Shati	Kachur	Zeodary	Zingiberaceae
Cuscuta reflexa	Amaravela	Akas bel	Doddar	Convolvulaceae
Cynodon dactylon	Durva	Durva	Creeping cynodon	Gramineae
Cyperus rotundus	Musta	Motha	Nutgrass	Cyperaceae
Datura metel	Dhatur krishna	Dhatura kala	Thorn apple	Solanaceae
Datura stramonium	Dhatur Swet	Dhatura	Thorn apple	Solanaceae
Daucus carota	Garjar	Gajar	Carrot	Umbelliferae
Delphinium denudatum	Nirvishi	Jadwar	–	Ranunculaceae
Delphinium zalil	Trayanti	Trayaman	Gold thread	Ranunculaceae
Desmodium gangeticum	Shalparni	Sarivan	Ticktree	Leguminosae
Dhatura metel	Swet dhatura	Dathura swet	–	Solanaceae
Dillenia indica	Bhabya	Chalta	–	Delleniaceae
Diospyros Peregrina	Tinduk	Tendu	Ebony	Ebenaceae
Eclipta alba	Bhringraja	Bhangra	–	Compositae
Elaeocarpus ganitrus	Rudraksha	Rudraksha	–	Elaeocarpaceae
Elettaria cardamomum	Ela	Elaichi	Small cardamom	Zingiberaceae

Emblica officinalis	Amalaki	Amla	Emblc myrobalans	Euphorbiaceae
Emblica ribes	Vidanga	Vaividang	Bidanga	Euphorbiaceae
Ephedra gerardiana	Somlata	Somlata	Ephedra	Gnetaceae
Erythrina variegata	Paribhadra	Farhad	Indian coral tree	Leguminosae
Eulophia campestris	Amrita	Salam misri	Salep	Orchidaceae
Euphorbia antiquorum	Vajra kantaka	Tridhara	–	Euphorbiaceae
Euphorbia hirata	Nagarjuni	Laldudhi	Australian asthma weed	Euphorbiaceae
Euphorbia nerifolia	Snuhi	Sehund	–	Euphorbiaceae

<i>Evolvulus alsinoides</i>	Sankhpushpi	Sankhahuli	–	Convolvulaceae
<i>Feronia limonia</i>	Kapittha	Kaith	Wood apple	Rutaceae
<i>Ferula foetida</i>	Hingu	Hing	Asafoetida	Umbelliferae
<i>Ficus bengalensis</i>	Vat	But	Banyan tree	Moraceae
<i>Ficus carica</i>	Anjir	Anjeer	Fig tree	Moraceae
<i>Ficus racemosa</i>	Udamber	Gular	Fig tree	Moraceae
<i>Ficus religiosa</i>	Aswattha	Pipal	Sacred Fig	Moraceae
<i>Foeniculum Vulgarie</i>	Shatpushpa	Saunf	Fevnel sud	Umbelliferae
<i>Fumaria officinalis</i>	Pitha papara	Pitapapra	-	Fumariaceae
<i>Gardenia gummifera</i>	Nadihingu	Dikamali	Gummy gardenia	Rubiaceae
<i>Gloriosa superba</i>	Languli	Kalihari	Superbily	Lilliaceae
<i>Glycyrrhiza glabra</i>	Yasthimadhu	Mulethi	Liquorice	Leguminosae
<i>Gmelina arborea</i>	Gambhari	Gambhar	White teak	Verbenaceae
<i>Gossypium herbaceum</i>	Karpas	Kapas	Indian cotton	Malvaceae
<i>Gynandropsis pentaphylla</i>	Ajgandha	Hulhul	–	Capparidaceae
<i>Hedychium spicatum</i>	Gandha sathi	Kapur kachri	–	Zingiberaceae
<i>Heliotropium indicum</i>	Hastisunda	Hastisura	Heliotropic	Boraginaceae
<i>Hemidesmus indicus</i>	Ananta	Anantmul	–	Asclepiadaceae
<i>Holarrhena antidysenterica</i>	Kutaj	Kurchi	Conessi bark	Apocynaceae
<i>Hordeum vulgare</i>	Yava	Jav	Barely	Gramineae
<i>Hydnocarpus wightiana</i>	Turveraka	Tuwarak	Chalmoogra	flacourfiaceae
<i>Hyoscyamus niger</i>	Parisika Yavani	Khurasani Ajwain	Hanbane	Solanaceae
<i>Indigofera tinctoria</i>	Nilika	Neel	Indigo	Leguminosae
<i>Ipomoea hederacea</i>	Siyah beej	Kaladana	Kaladana	Convolvulaceae
<i>Ipomoea turpethum</i>	Trivrutta	Nishoth	Turpeth root	Convolvulaceae
<i>Juglans regia</i>	Akschota	Akhrot	Wall nut	Juglandaceae
<i>Juniperus communis</i>	Hapusphal	Hauber	Juniper	Cupressaceae

<i>Lawsonia alba</i>	Mendika	Mehndi	Henna	Lythraceae
<i>Leea aquata</i>	Kakjangha	Kakjangha	–	Vitaceae
<i>Lepidium sativum</i>	Chandrashura	Chansur	Water cress	Cruciferae
<i>Leptadenia reticulata</i>	Jivanti	Dori	–	Asclepladaceae
<i>Leucas cephalotes</i>	Drona pushpi	Gooma	–	Labiatae
<i>Linum usitatissimum</i>	Atasi	Alsi	Linseed	Liniceae
<i>Madhuca indica</i>	Madhuka	Mahua	Mahua tree	Sapotaceae
<i>Mallotus philippinensis</i>	Kapillak	Kamila	Kamilla	Euphorbiaceae
<i>Mangifera indica</i>	Amra	Am	Mango	Anacardiaceae
<i>Mesua ferrea</i>	Nagkeshar	Nagkeshar	Cobras saffron	Guttiferae
<i>Mimosa pudica</i>	Lajwanti	Lajjalu	Sensitive plant	Leguminosae
<i>Mimusops elengi</i>	Bakula	Bakul	Indian medler	Sapotaceae
<i>Mucuna pruriens</i>	Kapikachchu	Kouch beej	Cowhage planet	Leguminosae
<i>Musa paradisiaca</i>	Kadli	Kela	Banana	Musaceae
<i>Myrica nagi</i>	Katphal	Kaiphal	Box myrtal	Myricaceae
<i>Myristica fragrans</i>	Jatiphal	Jaiphal	Nutmeg	Myristicaceae
<i>Myristica fragrans</i>	Jatipatri	Javitri	Mace	Myristicaceae
<i>Nardostachys Jatamansi</i>	Jatamansi	Jatamansi	Muskroot	Valerianaceae
<i>Nelumbo nucifera</i>	Padma	Kamal	Lotus	Nymphaeaceae
<i>Nerium indicum</i>	Karvir	Kaner	–	Apocynaceae
<i>Nigella sativa</i>	Krishnajraka	Kalonji	–	Renunculaceae
<i>Ocimum sanctum</i>	Tulsi	Tulsi	Basil	Labi teasea
<i>Onosma bracteatum</i>	Gaozaban	Sankhahul	–	Boraginaceae
<i>Pandanus tectorius</i>	Ketaki	Kewra	Keora	Pandanaceae
<i>Papaver somniferum</i>	Ahiphena	Afim	Opium	Papaveraceae
<i>Pavonia odorata</i>	Hariber	Sungandhabala	Fragrant silky mallow	Malvaceae

<i>Pedaliium murex</i>	Gokshurak	Gokhru Bara	Caltrops	Pedaliaceae
<i>Peucedanum grande</i>	Hingupatri	Dicamali	White emetic nut	Umbelliferae
<i>Phoenix dactylifera</i>	Kharjure	Khajur	Date palm	Palmae
<i>Picrorhiza kurroa</i>	Katuki	Kutki	Hell bore	Scrophulariaceae
<i>Piiper chaba</i>	Chavika	Chavya	–	Piperaceae
<i>Pinus longifolia</i>	Sarala	Chirh	Longleaved pine	Pinaceae
<i>Piper longum</i>	Pippali	Pipala	Long piper	Piperaceae
<i>Piper longum radix</i>	Pippalimoola	Piplamoola	–	Piperaceae
<i>Pipper bettle</i>	Tambul	Pan	Betel leaf	Piperaceae
<i>Pipper cubeba</i>	Kababchini	Kababchini	Cubeb	Piperaceae
<i>Pipper nigrum</i>	Maricha	Kalimarich	Black pepper	Piperaceae
<i>Pistacia integerrima</i>	Kakratashringhi	Kakrashringi	Galls	Anacardiaceae
<i>Plantago ovata</i>	Ishapgola	Isabgole	Psilium Husk	Plantaginaceae
<i>Plumbago indica</i>	Chitrak Rakta	Chitrak Lal	Leadwort	Plumbaginaceae
<i>Plumbago zeylanica</i>	Chitrak	Chitrak	Leadwort	Plumbaginaceae
<i>Pongamia glabra</i>	Karanja	Karanj	Beach	Leguminosae
<i>Prunus cerasoides</i>	Padmaka	Padmakast	Himalayan cherry	Rosaceae
<i>Psidium guajava</i>	Mansala	Amrud	Guava	Myrtaceae
<i>Psoralea corylifolia</i>	Bakuchi	Bakuchi	–	Legumnisosae
<i>Pterocarpus marsupium</i>	Pitasara	Vijaysaar	Indian kino tree	Leguminosae
<i>Pterocarpus santalinus</i>	Rakta chandan	Lal chandan	Red sandal	Leguminosae
<i>Pterospermum suberifolium</i>	Muchkunda	Muchkunda	–	Sterculiaceae
<i>Pueraria tuberosa</i>	Bidari	Bidarikand	–	Leguminosea
<i>Punica granatum</i>	Dadima	Anar	Pomegranate	Punicaceae
<i>Quercus infectoria</i>	Majuphal	Majuphal	Gallnut	Fagaceae

<i>Randia dumetorum</i>	Madana	Mainphal	Emetic nut	Rubiaceae
<i>Raphanus sativus</i>	Moolaka	Muli	Garden reddish	Cruciferae
<i>Rauwolfia serpentina</i>	Sarpgandha	Sarpgandha	–	Apocynaceae
<i>Rheum emodi</i>	Revand Chini	Revanda chini	–	Polygonaceae
<i>Ricinus communis</i>	Erandmool	Arand	Castor oil tree	Euphorbiaceae
<i>Rubia cardifolia</i>	Manjishtha	Majeeth	madder root	Rubiaceae
<i>Rumex crispus</i>	Amlabetasa	Amlabet	Sorrel	Polygonaceae
<i>Saccharum officinarum</i>	Ikshu	Ganna	Sugarcane	Graminae
<i>Salmania malabarica</i>	Mochras	Mochras	–	Bombacaceae
<i>Sansevieria Roxburghiana</i>	Moorva	Murva	–	Haemodoraceae
<i>Santalum album</i>	Chandana	Chandan	Sandalwood	Santalaceae
<i>Sapindus trifoliatus</i>	Aristak	Ritha	Soap nut	Sapindaceae
<i>Sarca indica</i>	Ashoka	Ashoka	Ashok tree	Leguminosae
<i>Saussurea lappa</i>	Kushtha	Kuth	Costus	Compositae
<i>Scindapsus officinalis</i>	Gajapippali	Gajpipal	Elephant piper	Araceae
<i>Semicarpus anacardium</i>	Bhallataka	Bhilawa	Marking nut	Anacardiaceae
<i>Sesamum indicum</i>	Tila	Til	Seasamum	Pedaliaceae
<i>Sesbania grandiflora</i>	Agasti	Basna	Agati	Leguminosae
<i>Shorea robusta</i>	Shal	Sal	Yellow resin	Dipterocarpaceae
<i>Sida cordifolia</i>	Bala	Khareti	Covdifolis	Malvaceae
<i>Smilax china</i>	Chobchini	Chobchini	China root	Liliaceae
<i>Solanum indicum</i>	Brihati	Bari Kateri	Indian night shade	Solanaceae
<i>Solanum nigrum</i>	Kakmachi	Makoi	Black night shade	Solanaceae
<i>Solanum xanthocarpum</i>	Kantakari	Chhoti kateri	Indian night shade	Solanaceae
<i>Sphaeranthus indicus</i>	Mundi	Mundi	–	Compositae

<i>Stereospermum suaveolens</i>	Patla	Padal	Trumpet	Bignoniaceae
<i>Strychnos nuxvomica</i>	Vishramushit	Kuchla	Nux vomica	Loganiaceae
<i>Strychnos Potatorum</i>	Kataka	Nirmali	Clearing nut	Loganiaceae
<i>Styrax benzoin</i>	Lohban	Loban	–	Styroceae
<i>Symplocos recemosa</i>	Lodhra	Lodhra	Lodhra	Symplocaceae
<i>Syzygium aromaticum</i>	Lavanga	Lavang	Clove	Myrtaceae
<i>Syzygium cumini</i>	Jambu	Jamun	Black plum	Myrataceae
<i>Tamarindus indica</i>	Tintidik	Imlī	Tamarind	Leguminosae
<i>Tephrosia purpurea</i>	Sharpunkha	Sarphounka	Purple tephrosia	Leguminosae
<i>Teramnus labialis</i>	Mashparni	Mashoni	–	Leguminosae
<i>Terminalia arjuna</i>	Arjuna	Arjuna	Arjuna myrobalan	Combretaceae
<i>Terminalia chebula</i>	Abhaya	Haritaki	Myrobalan	Combretaceae
<i>Tinospora cordifolia</i>	Guruchi	Giloy	–	Menispermaceae
<i>Trachys permum ammi</i>	Yawani	Ajwain	Bishopweed	Umbelliferae
<i>Tribulus terrestris</i>	Gokshura	Gokhru choota	Caltrops	Zygophyllaceae
<i>Trichosanthes dioica</i>	Patola	Parval	Wild snake guard	Cucurbitaceae
<i>Trigonella foenum-graecum</i>	Methica	Methi	Fenu greek	Leguminosae
<i>Uria lagopoides</i>	Prashniparni	Pithwan	–	Leguminosae
<i>Urginea indica</i>	Van palandam	Banpyaj	Indian squill	Liliacea
<i>Withania somnifera</i>	Aswangadha	Asuagandha	Winter cherry	Solanaceae
<i>Woodfordia fruticosa</i>	Dhataki	Dhaiphool	Fulsee flower	Lythraceae
<i>Wrightia tinctoria</i>	Siyah kutaj	Mitha indarjaw	–	Apocynaceae
<i>Zingiber officinalis</i>	Sunthi	Adrak	Ginger root	Zingiberaceae
<i>Ziziphus sativa</i>	Kandiari	Unnab	Jujube fruit	Rhamnaceae



## **ANNEXURE 1 (x)**

### **Essential Ayurvedic Drugs used by Dispensaries & Hospitals**

*(Source: Annual Report : Department of ISM & H 1998)*

#### **(1) JWARA (FEVER)**

##### **1:1 Navajwara (Acute fever)**

Tribhuvan Kiriti Ras

Sanjivani Vati

Godanti Mishrana

##### **1:2 Visamajwara (Malarial fever)**

Ayush 64

Saptaparna ghana Vati

Sudarshana Churna

##### **1:3 Vat shlaishmika jwara (Viral fever)**

Laksmi Vilas Ras

Samsamani Vati

##### **1:4 Jirna jwara (Chronic fever)**

Pratap Lankeshvar Ras

Mahasudarsana Churna

Amritarishta

##### **1:5 Sannipatika jwara (Typhoid fever)**

Nardiya luxmi Vilas Ras

Bhunimbadi Kwath

#### **(2) DISORDERS OF RESPIRATORY SYSTEM**

##### **2:1 Kas (Cough)**

Gojihvadi Kvath

Sitopaladi Churna

Kantakaryavaleha

##### **2:2 Kapha nissarana (Expectorant)**

Tankana Bhasma

Talisadi Churna

Vasavaleha

**2:3 Svasanika Soth (Bronchitis)**

Laghu malini Vasanta

Lavangadi Churna

Chounsath prahari pipal

**2:4 Rajyakshma**

Raj Mrigank Rasa

Svarna Basant Malati Ras

Abhrak Bhasma Shatputi

Mukta Panchamrit

Shilajatwadi louha

**2:5 Pratisyaya (Common cold)**

Hinguleshwar Rasa

Panchakola Churna

**2:6 Peenas (Sinusitis)**

Shadbindu Tel

Dashmula Rasayanam

**2:7 Tundikeri sotha (Tonsillitis)**

Ksara Madhu

Khadiradi Vati

Vyoshadi Vati

**2:8 Shvasa (Asthma)**

Dhanvantar Gutika

Pushkarmula Churna

Shringyadi Churna

Kanakasava

Vasarishta

**(3) DISORDERS OF CARDIO-VASCULAR SYSTEM**

**3:1 Hrid-Daurabalya (Cardiac weakness)**

Nagarjunabhra Rasa

Muktapisti

Jwahr Mohra

Arjunarishta

### **3:2 Rakta Chap (Hypertension)**

Yogendra Rasa

Sarpagandha Mishran

### **3:3 Raktabhar Alpta (Hypotension)**

Makaradhvaja gutika

Kasturi bhairav Ras

### **3:4 Hritshoola (Angina)**

Sringa Bhasma

Mahavat Raj Ras

## **(4) BLOOD DISORDERS**

### **4:1 Pandu Anemia**

Punarnavadi Mandura

Lohasava

### **4:2 Raktpitta/Raktsrav Hemorrhage Tendency and Bleeding Disorders**

Trin Kantmani Pisti

Lakshadi Churna

Usheerasava

### **4.3 Rakta Dushti (Blood impurity)**

Nimbadi Kvatha

Panchanimba Churna

Manjisthadi Churna

Sarivadyasava

Khadirarishta

## **(5) DISORDERS OF DIGESTIVE SYSTEM**

### **5.1 Atisara (Diarrhoea)**

Karpooora Rasa

Jatiphaladya Churna

Karpoorasava

Babbularishta

### **5:2 Pravahika (Dysentery)**

Panchamrit Parpati

Bilwadi Churna

Bilwadi Kwath

Kutajarishta

### **5:3 Amlapitta (Hyperacidity)**

Kamdudha Ras

Dhatri Rasayana

Madhuyastyadi Churna

Avipattikara Churna

### **5:4 Samgrahani (Colitis/Ulcerative Colitis)**

Samkhodar Ras

Sutsekhar Ras

Bilwadi Avaleha

Mocharas Churna

### **5:5 Yakrit roga (Liver disorders)**

Arogya Vardhini

Navayas Louha

Phalatrikadi kwatha

Sarbat phalasa

Daruharidra phala churna

Rohitakarishta

### **5:6 Shoola (Abdominal colic)**

Shankha bhasma

Shankha Vati

Lasunadi Vati

Hingu vachadi Churna

Narikel lavana

**5:7 Adhman (Flatulence)**

Kankayan Vati

Hingvastaka Churna

Ark Ajmod

Lavana Bhaskar Churna

**5:8 Chhardi (Vomiting)**

Mayur pichha bhasma

Bilvadi leham

Eladi Churna

**5:9 Ajirna (Indigestion)**

Yavani Sandhav Churna

Shivakshara pachana churna

Chitrakadi Vati

**5:10 Agnimandya (Anorexia)**

Agnitundi Vati

Vaishvanara Churna

Panchakola Churna

**5:11 Vibandh (Constipation)**

Ichhabhedhi Ras

Panchasakara Churna

Svadista Virechana Churna

Abhayarishta

Isabgol Husk

Haritaki Churna

**5:12 Arsha-Bhagander (Piles and Fistula-in-ano)**

Shigru guggul

Bol baddha ras

Pranada Vati

Rasanjana Vati

Kasisadi tel

Jaya Vati

Kshar Sutra & Kshar Varti

### **5:13 Krimi Rog (Helminthiasis)**

Vidangadi louha

Palash beej churna

Kampillaka yog

### **(6) DISEASES OF CENTRAL NERVOUS SYSTEM**

#### **6:1 Medhya (Brain Tonics for concentration, memory, sleep disturbances)**

Brahmi Vati

Tagaradi Churna

Brahmi Rasayana

Saraswatarishta

Brahmi Ghrita

#### **6:2 Nadi Dourbalya (Nervine Weakness)**

Krishna Chaturmukh Ras

Dhanvantara tel

Mahanarayana tel

Eranda pak

Balarishta

#### **6:3 Kampavat ( Parkinsonism)**

Chaturbhuj Ras

Kaunch Churna

#### **6:4 Sirasula (Migrain)**

Sirah shooladi Vajra Ras

Chandrakant Ras

Godanti praval yog

Pathyadi kwath

### **(7) PHYCHIATRIC PROBLEMS**

#### **7:1 Anidra (Insomnia)**

Nidrodaya Ras

Jatamansi kwath

Madananand Modak

Aswagandha Churna

Him sagar Tel

#### **7:2 Akshepa (Convulsive Disorders)**

Svarna bhasma

Panchagavya ghrita

Aptantrakari Vati

#### **7:3 Unmad (Psychosis)**

Unmad gajkesari Ras

Maha paishachik ghrita

Maha chaitasa ghrita

Manas mitra vatak

#### **7:4 Vishad (Depression)**

Jyotismati Tel

Smriti Sagar Ras

Vacha Churna (shudh)

### **(8) JOINT DISORDERS**

#### **8:1 Amavat (Rheumatic/Rheumatoid Arthritis)**

Amavatari Ras

Trayodashang guggulu

Kottamchukadi Tel

#### **8:2 Vat Rakta (Gout)**

Kaishore guggulu

Maharasnadi kwath

Pinda Tel

### **8:3 Sandhi Vat (Osteoarthritis)**

Simhnad guggulu

Yograj guggulu

Panchaguna Tel

### **8:4 Sandhigat Vat (Arthralgia)**

Vatari guggulu

Sameergaj keshari Ras

Maha vishgarbh Tel

## **(9) DISEASES OF URINARY SYSTEM**

### **9:1 Alpa Mutrajanana (Oliguria/Anuria)**

Punarnavastaka kwath

Panavirladi bhasma

Punarnavasava

### **9:2 Ashmari (Urolithiasis)**

Pasan Bhedadi Kwath

Hajaral yahood bhasma

Kulathadi ghrita

### **9:3 Mutrastheela (prostatic hypertrophy)**

Varunadi guggulu

Shilajtwadi Vati

Punarnavadi Guggulu

### **9:4 Mutravishmayata (Uraemia)**

Sarbato Bhadra Ras

Veeratarvadi kwath

Trina panchmula kwath

Kanmad bhasma

Vastyamayantaka ghrita

### **9:5 Mutra krichra (Dysurea)**

Svarna Bang

Chandrakala Ras

Traikantakadi kwath

**(10) DERMATOLOGICAL DISORDERS**

**10:1 Kushtha (Dermatoses)**

Ras Manikya

Gandhaka Rasayana

Eladi Tel

Kustha Rakshasa Tel

**10:2 Twak-Karshnya (Hyperpigmentation)**

Kumkumadi Tel

Dashanga Lepa

**10:3 Kandu (Pruritus)**

Haridra Khand

Bilwadi gutika

Nalpamaradi Tel

Maha Marichyadi Tel

**10:4 Twak Vaivarnya (Skin Discolouration)**

Chalmongra Tel

Sidhmahara Lepa

Markava Rasayanan

**10:5 Keshya (Hair Tonic for Poor Hair Growth)**

Bhringaraja Tel

**10:6 Khalitya (Premature Hair fall)**

Dhasturpatra Ker Tel

Durvadi Ker Tel

Kayyonyadi Ker Tal

**10:7 Palitya (Premature greying of hair)**

Neeli Bhringyadi Ker Tel

Kuntal Kanti Tel

**10:8 Svitra (Vitiligo)**

Kakodumbarikadi Kwath

Markava Rasayana

Avalgujadi Lepa

Gomutrarishta

### **(11) FEMALE DISEASES**

#### **11:1 Asrigdara (Menorrhagia-Metrorrhagia)**

Pradarantak Ras

Patrangasav

Lodhrasava

Ashokarishta

#### **11:2 Svet Pradara (Leucorrhoea)**

202. Kukkutand Twak Bhasma

203. Pusyanug Churna

204. Supari Pak

205. Satavari gud

206. Panchavalkala kwath

#### **11:3 Rajah Krichra (Dysmenorrhoea)**

207. Rajah Pravartini Vati

208. Kumarika Vati

209. Kumaryasava

#### **11:4 Yoni Vyapat (Vaginal Disorders)**

210. Subhakari Vati

211. Somanath Ras

212. Soubhagya Vardhana Tel

#### **11:5 Rajah Purva Tanav (Premenstrual Tension)**

213. Yavakshara Yog

214. Saptasaram Kasayam

#### **11:6 Garbhapat (Habitual Abortion)**

215. Garbhapat Ras

216. Garbh Raksini Gutika

**11:7 Raktla Yoni (Dyfunctional Uterire Bleeding D.U.B.)**

217. Kaharuva Pisti  
218. Ashok Ghrita  
219. Lakshmana Louha

**11:8 Stanya alpata (Hypo lactation)**

220. Stanya janana kashaya  
221. Shatavaryadi Churna

**11:9 Sutika Roga (Postpartal Disorders)**

222. Soubhagya Sunthi  
223. Dashmularishta

**11:10 Bandhyatva (Primary Sterlity)**

224. Phala Kalyan Ghrita  
225. Palash puspasava  
226. Lakshmanarishta

**11:11 Stri Beej Pranali Dushti (Hypo-ovarianism/Poor ovarian function)**

227. Puspa Dhanva Ras

**11:12 Beej Kosh Puti (Ovarian Cyst)**

228. Siggru Gugglu  
229. Sobhanjanarishta  
230. Punarnava Mandur

**(12) VAJEEKARANA (SEXUAL WEAKNESS/LOSS OF LIBIDO)**

231. Manmath Rasa  
232. Akarkarbhadi Gutika  
233. Asvagandhadi Leha  
234. Sukrastambhana Rasayana  
235. Srigopal Tel  
236. Kamini Vidravana Ras

**(13) RASAYANA (GERENTOLOGICAL CONDITIONS)**

237. Brahm Rasayana  
238. Chyavan Prasha Avaleha

239. Brinhani Gutika  
**(14) VRANA ROPANA (WOUND HEALING)**

240. Jatyadi Tel

241. Marma Gutika

242. Triphala Guggulu

243. Lakshadi Guggulu

244. Yashad Malhar

245. Manjishtadi Tel

**(15) DISEASES OF EYE AND ENT**

**15:1 Netra Roga (Ophthalmic Disorders)**

246. Saptamrit Louha

247. Maha triphala Ghrita

248. Chandrodaya Varti

249. Elaneer kuzhampu

250. Shatpatryark (Gulab Arka)

**15:2 Nasa Roga (Nasal Diseases)**

251. Anu tel

252. Nasika Churna

253. Chitrak haritaki

254. Katphal Churna

**15:4 Galganda (Goitre)**

257. Kanchanara Guggulu

**15:5 Mukh Rog (Oral Disorders)**

258. Pitaka Churna

259. Sudh Soubhagya

260. Irimedadi Tel

261. Brihatyadi Kwath

**15:6 Dant Roga (Dental Problems)**

262. Dasana Samskar Churna

**(16) PRAJANAN SAMSTHAN DUSTHTI (REPRODUCTORY PROBLEMS)**

**16:1 Purush Prajanan Akshamta (Male sterility)**

263. Jund Vadastar Vati  
264. Puspadhanva Ras  
**16:2 Stri Prajanan Akshamta (Female sterility)**  
265. Jiyapota Churna  
266. Sivalingi Beej  
**16:3 Parivar Niyojana (Contraception)**  
267. Pipplyadi Yog  
268. Neem Tel  
**(17) DAURBALYA (General weakness/Asthenia/Loss of strength)**  
269. Drakshasava  
270. Sudh Shilajit  
271. Phalasava  
272. Tapyadi Louha  
**(18) METABOLIC DISORDERS)**  
**18:1 Madhumeha (Diabetes mellitus)**  
273. Trivanga Bhasma  
274. Vasant Kusumakar Ras  
275. Nisha Katakadi Kwath  
276. Nyagrodhadi Churna  
277. Jambavadyarishta  
278. Ayaskriti  
**18:2 Visama Meda (Dyslipidaemia)**  
279. Medohara Churna  
280. Medohar Vidangadi Louha  
**18:3 Sthaulya (Obesity)**  
281. Navak Guggulu  
282. Triphala Churna  
**18:4 Shotha (Oedema/inflammation)**  
283. Rasna-erandadi Kwath  
284. Shigru Varun Kwath  
285. Gomutrarka

286. Kansa Haritaki  
287. Shoth Kalanal Ras  
288. Grihdhoomadi Lepa  
289. Kokilakshak kashaya

**18:5 Sleepada (Filariasis)**

290. Nityanand Ras  
291. Shakhotak Kwath  
292. Sapta parna ghan Vati

**18:6 Krimi-upsarg (Infective/Septic conditions)**

293. Rasanjana Vati  
294. Shudh Gandhak  
295. Nimbadi Tel  
296. Nimbadi Vati  
297. Jaya Vati  
Jatyadi Tail, Shigru Guggal, Swarnvang, Haridra, Gandhak Rasayana.

**(19) BAL-ROG (PAEDIATRIC PROBLEMS)**

298. Dantodbheda gadantaka Ras  
299. Balark Ras  
300. Kumar Kalyan Ras  
301. Bal Chaturbhadra Churna  
302. Ras Pipari  
303. Gopi Chandanadi Gutika  
304. Tambula Leha  
305. Sankhpuspi Tel  
306. Arvindasava  
307. Kamal beej gatta churna  
308. Sudha vacha  
309. Jatiphal Churna  
310. Lakshadi Tel  
311. Blal Rasayana  
312. Ayush Ghutti  
313. Ark Pudina

314.

Praval Pishti

**(20) MULTI PURPOSE-BHASMA**

Sr. No.	Common Name	English Name	Uses
315.	Svarn Makshik Bhasm	Copper pyrites	Anaemia, urticaria, hyperacidity, tonic
316.	Saphatika Suddh	Alum	Haemorrhage, cough, fever, antiseptic
317.	Tankan Bhasm	Borax	Cough, tonsillitis, fever
318.	Shankh Bhasm	Conche	Gastrointestinal disorders
319.	Kapardika Bhasm	Covries	Earache, wound healing, intestinal colic
320.	Mandoor Bhasm	Pig iron bhasma	Anaemia, jaundice, oedema
321.	Lauh Bhasma (30 puti)	Iron bhasma iron	Anaemia, general debility, pregnancy
322.	Mayur puchha bhasm	Pea cock feather bhasma	Hic cough, irritating cough, vomiting
323.	Godanti bhasma	Gypsum bhasma	Cough, cold, fever bodyache
324.	Sringa bhasma	Stag horn bhasma	Fever, sinusitis, bronchitis, pneumonia
325.	Abhrak bhasma	Mica (Biotite)	Hyperacidity, anaemia, respiratory disorder

**(21) EMERGENCY AYURVEDIC DRUGS**

Sr. No.	Name of the Drugs	Uses
	Karpoor Ras	For acute diarrhoea
	Vedanantak Ras	For severe pain of musculo-skeletal or visceral origin
	Siddha-makardhwaj	For peripheral circulatory failure.
	Jwaharmohra	For palpitation, syncope, cardiac tonic
	Mutka pisti	For acute tachycardia, palpitation, cardiac problems
	Mavavatraj ras	For neurogenic shock, angina
	Sameergajkesari ras	Neurological shock, angina, neuro-muscular pains
	Shvaskaschinlamani ras	For severe dyspnoea of pulmonary origin
	Suvarn sameer pannag ras	For acute dyspnoea, arthralgia

Mritsanjivani sura	For high grade fever, with delirium, shock
Dhanwantar gutika	For acute respiratory distress
Manasmitra vatak	For mental disorders, insomnia
Marma gutika	For pain and inflammation in vital parts
Gorochanadi vati	For cardio respiratory problems, fever
Murivenna oil	Local application for traumatic pain and inflammation etc.

Drug mentioned under one disease condition can be used for other clinical condition as per the advise of the physician.

**Annexure 1 (xi)**  
**Key List of Multi Purpose Single Drugs**

Sr. No.	Common Name	Botanical Name/ English Name	Uses
1	Brahmi	Bacopa monierii	Memory & sleep disorders, epilepsy
2	Arjun	Terminalia arjuna	Hypertension, Ischaemic Heart Disease
3	Ashvagandha	Withania somnifera	Nervine tonic, aphrodisiac, antistress, rasayanas
4	Sarggandha	Rauwolfia serpentina	Hypertension, insomnia
5	Haritaki (harad)	Terminalia chebula	Abdominal upsets, constipation, oedema, obesity
6	Haridra (Haldi)	Curcuma longa	Bronchial asthma, allergic conditions, skin diseases, urinary diseases, common cold, trauma
7	Amalaki (Amla)	Emblica officinalis	Anaemia, jaundice, haemorrhage, acidity, burning sensation, immuno modulator, rasayana
8	Shunthi (Sonth)	Zingiber officinale	Gastrointestinal disorder, Bronchial asthma
9	Vacha (Sudh)	Acorus calamus	Obesity, hypertension, speech disorders, peditric problems
10	Amrita (Giloye)	Tinospora cordifolia	Fever, jaundice, gout, acidity, immuno modulator-rasayana
11	Shatavari	Asparagus racemosus	Aphrodisiac, dysuria, galactagogue, leucorrhoea, peptic ulcer
12	Ashok	Saraca asoca	Meno-metrorrhagia, neuro logical disorders
13	Pippalimool	Piper longum (root)	Malaria, insomnia, worms, piles
14	Nimba (Neem)	Azadirachta indica	Urticaria, skin diseases, gastritis, bleeding piles, wounds, fumigative, disinfectant
15	Kampillak (Kamila)	Mallotus philippinensis	Intestinal worms
16	Punarnava	Boerhavia diffusa	Urinary-renal disorders, oedema, eyediseases

17	Varun	Crataeva nurvala	Erysipelas, lymphadenopathy, urinary disorders, B.P.H.
18	Gokshur (Gokkru)	Tribulus terrestris	Calculus, dysuria, intrinsic haemorrhage, aphrodisiac
19	Shigru (Sehanjana)	Moringa oleifera	Abcess, septic conditions, wound healing, piles, inflammation, neuritis, joint diseases
20	Mulethi	Glycyrrhiza glabra	Cough hyperacidity, haemorrhage, wound healing peptic-ulcer tonic
21	Ajwain	Trachyspermum ammi	Colic, flatulene, emesis, carminative
22	Hingu (Heeng)	Ferula foetida	Carminative, dyspepsia, abdominal colic, tooth ache
23	Daruharidra (Rasaunt)	Berberis aristata	Liver disorders, eye disease, dysentary
24	Soya	Anethum sowa	Appetiser, carminative
25	Kamal beej/Kamal Gatta	Nelumbo nucifera	Children diarrhoea, D.U.B., all kinds of bleeding
26	Jaiphal	Myristica fragrans	Poediatric problems, diarrhea, abdominal pain

Source: Annual Report : Department of ISM & H 1999

## Annexure-1 (xii)

### Simple Ayurvedic Remedies For Common Ailments

1. **COUGH** (Dried frequent cough, pain in the chest, headache, hoarseness of voice etc.)

S.No	MEDICINE TO BE TAKEN
1.	SITOPLADI CHURNA OR TALISADI CHURNA OR CHANDRAMRIT RAS For chewing, any one of the following. 1.LAVANGADI VATI OR 2.ELADIVATI 3. VYOSADIVATI

2. **DIARRHOEA** (Loose/watery motions)

S.No.	MEDICINE TO BE TAKEN
1.	GANGADHAR CHURNA OR RAMBAN RAS

3. **COMMON COLD WITH FEVER** (Low temp. feeling of warmth, pain in the body and loss of perspiration)

S.No.	MEDICINE TO BE TAKEN
1.	SANJIVANI VATI

4. **HYPER ACIDITY** (Sour belching, burning sensation in the throat and chest, nausea etc.)

S.No	MEDICINE TO BE TAKEN
1.	AVIPATTIKAR CHURNA OR SUTSEKHAR RAS OR DHATRILAUH

5. **INDIGESTION** (Heaviness, gas formation, constipation or loose motion)

S.No.	MEDICINE TO BE TAKEN
1.	LASUNADI VATI OR HINGWASTAK CHURNA

6. **CONSTIPATION** (Retention of feces and gas, discomfort in the abdomen)

S.No.	MEDICINE TO BE TAKEN
1.	TRIPHALA CHURNA OR HUSK OF ISABGOL OR SWADISHT VIRECHAN CHURNA

7. **EAR ACHE** (Pain in ear)

S.No.	MEDICINE TO BE TAKEN
1.	NIRGUNDI TAIL OR BILWADI TAI

8. **VOMITING** (Forceful expulsion through mouth of gastric contents)

S.No. MEDICINE TO BE TAKEN

1.	MAYURPICHA BHASM OR Equal parts of dried ginger (sonth), black pepper (kalimirch), long pepper (pipli), rock salt all in 500 mg. In the form of powder mixed with honey 3 times a day. OR ARK SAUNF
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9. **HEADACHE** (Pain in head)

S.No.	MEDICINE TO BE TAKEN
1.	GODANTI BHASMA – 250 mg. & PRAVAL PISHTI - 125 mg. GODANTI MISHRAN OR SHRASHOOLADIVAJRA RAS ANU TEL

10. **JOINT PAINS** (Low back ache, pain in neck, joint pains)

S.No.	MEDICINE TO BE TAKEN
1.	TRYODASHANG GUGULLU OR YOG RAJ GUGULLU & For external use any one of the following medicated oil to be applied gently on the affected part VISHGARHA TAIL OR

	MAHANARAYAN TAIL OR PANCHGUNA TAIL
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11. **ANOREXIA** (Lack of appetite and nausea, distaste of mouth)

S.No.	MEDICINE TO BE TAKEN
1.	LAVAN BHASKAR CHURNA OR DADIMASTAK CHURNA OR LASUNADI VATI

12. **COMMON COLD** (Sneezing, irritation in the chest and throat, headache)

S.No.	MEDICINE TO BE TAKEN
1.	TRIBHUVANKIRTI RAS OR LAXMAMIVILAS RAS OR GOJIHWADI KWATH

13. **SKIN PROBLEMS/INJURY & BURNS**

S.No.	MEDICINE TO BE TAKEN
1.	TRIPHALA GUGGULU & JATYADI TAIL

14. **ANAEMIA** (General weakness, tiredness, lack of appetite, shortness of breath, pale of the colour of the face.)

S.No.	MEDICINE TO BE TAKEN
1.	PUNARNAVADI MANDUR & KUMARYASAV OR LOHASAVA

15. **JAUNDICE** (Yellow colouring of eyes and nails, mild fever, lack of appetite, clay colour stools and yellow colour of urine)

S.No.	MEDICINE TO BE TAKEN
1.	AROGYA VARDHINI VATI &

	MANDUR BHASMA OR PUNARNAVADI MANDUR
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16. **TOOTH ACHE** (PAIN IN TOOTH)

S.No.	MEDICINE TO BE TAKEN
1.	LAVANGA TAIL & HEENG (ASFEOTIDA)

Source: Annual Report : Department of ISM & H 1999

